



Fundamentals of Care arbejdet på Aalborg UH

**5. intensive symposium
15. September 2022**

Mette Grønkjær

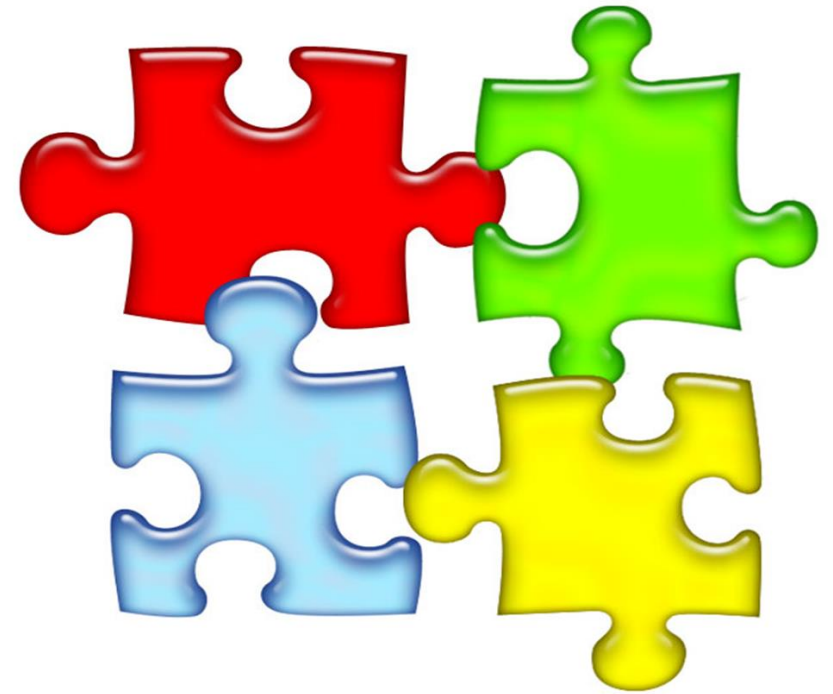
Forskningsenhed for Klinisk Sygepleje, Aalborg Universitetshospital
Klinisk Institut, Aalborg Universitet





AGENDA

- Baggrunden for FoC
- FoC og intensivspecialet
- Forskningsprogram FoC i Region Nordjylland
- 'Speaking up for FoC'
- Opsummering





AALBORG UNIVERSITETSHOSPITAL & AALBORG UNIVERSITET





FORSKNING I KLINISK SYGEPLEJE, AAUH

Kliniknær og central organisering

Klinik Anæstesi, Børn, Kredsløb & Kvinder



Helle Haslund Thomsen



Kirsten Specht

Klinik Kirurgi & Kræftbehandling



Helle Enggaard

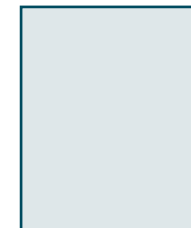


Lone Jørgensen

Klinik Medicin og Akut



Birgitte Lerbæk



Vakant

Klinik Hoved- Orto



Karin Bundgaard

Klinik Diagnostik



Peter Rubak

Forskningsenhed for Klinisk Sygepleje



Britt Laugesen, Siri Voldbjerg, Birgitte S Laursen, Kathrine Kusk, Marie Nielsen, Sara Jacobsen, Hanne Mainz & Amanda Buus





Editor's choice
Scan to access more
free content

Prevalence, patterns and nursing care left undone in hospitals: results from the cross-sectional RN4CAs

Dietmar Ausserhofer¹
Sabina De Gennaro¹
Juha Kinnunen¹
Teresa Moretti¹
Marianna Dierckx¹
René Schwendler¹

Unmet nursing care needs in medical and surgical wards: A scoping review

and surgical wards: A scoping review

Professor of Nursing¹ |
RN, PhD Student¹ |
RN, Staff Nurse² |
Milko Zanini PhD,
RN, PhD MA, BSc

**QUALITY CARE
TO SAVE LIVES**

DOI: 10.1111/jocn.15242

EDITORIAL

"Care left undone: Untold dangers"

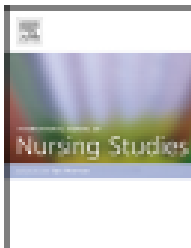
Our research has looked at necessary nursing care that is left undone by registered nurses (RNs) due to lack of time (also termed "missed care"). The simple yet disturbing finding was that the vast majority—86% of RNs surveyed in the UK as part of the RN4Cast study—reported that they had missed at least some care that they regarded as being necessary to their patients, on their last shift (Ball, Murrells Rafferty, Morrow, & Griffiths, 2014). Most commonly, it was comfort and talking to patients that had been neglected, but other aspects of fundamental care, clinical activity and care coordination were also

What are the implications for nursing practice?
Dietmar Ausserhofer^a and Marianna Borglin^b

^aUniversity of Medicine and Health, St Luke's Campus, Heavitree Road, Exeter, EX1 2LU, UK
^bDepartment of Science, Faculty of Health and Society, Malmö University, Malmö, Sweden

ARTICLE INFO

ABSTRACT





[About the ILC](#) ▾ [Fundamental Care](#) ▾ [Membership](#) ▾ [News](#) ▾ [Events](#) ▾ [Contact](#)



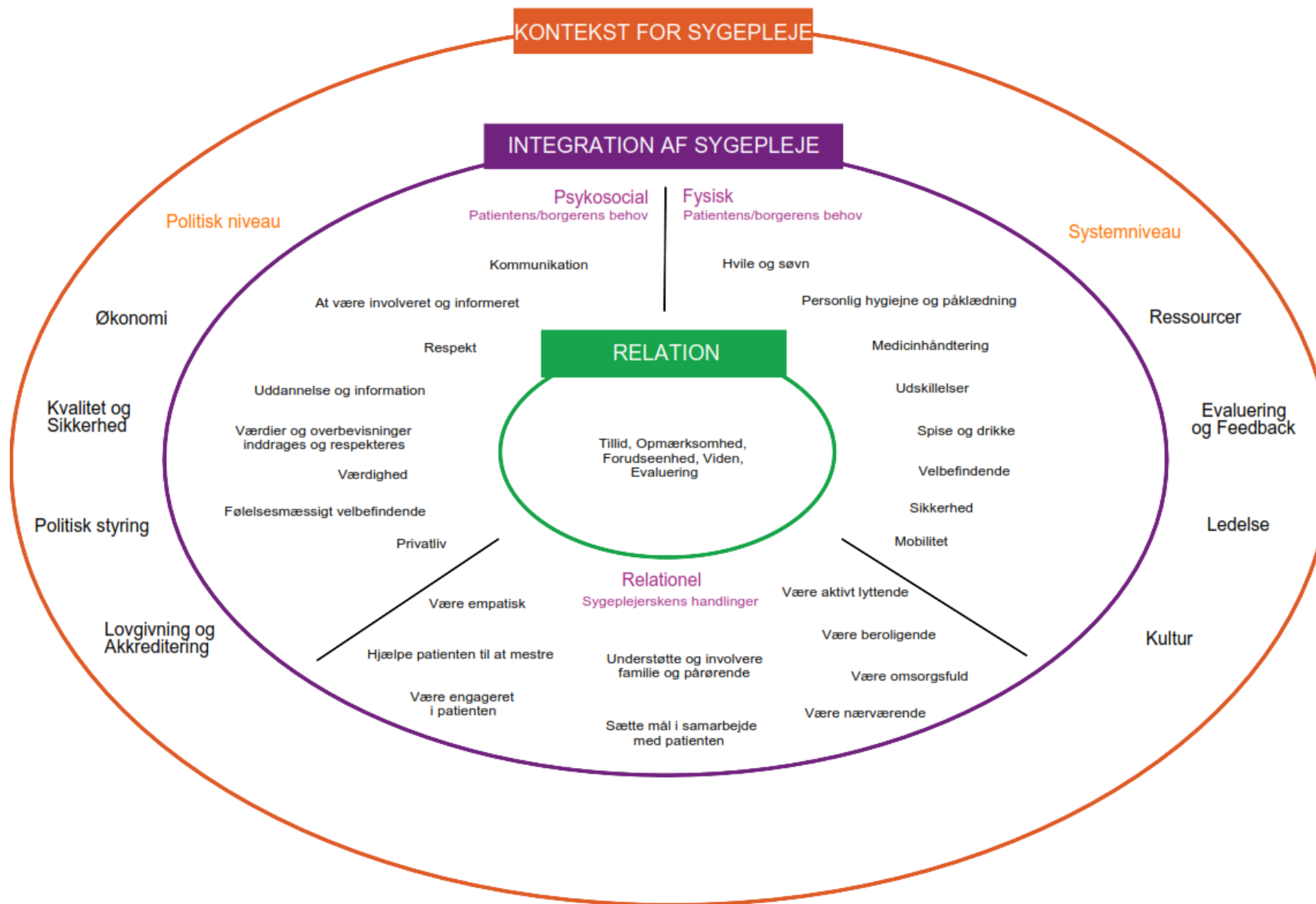
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International Learning Collaborative

The global voice for fundamental care

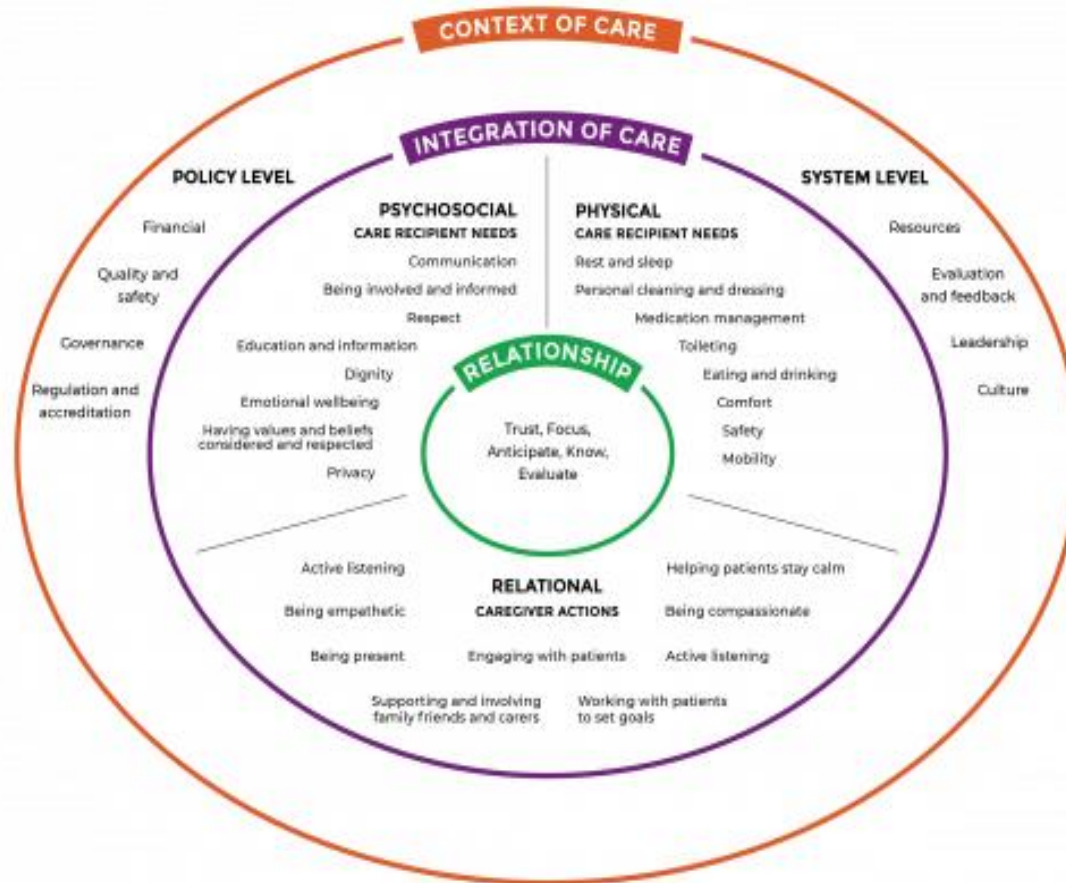
[About the ILC](#)

[Fundamentals of Care - International Learning Collaborative \(ILC\) \(ilccare.org\)](https://ilccare.org)



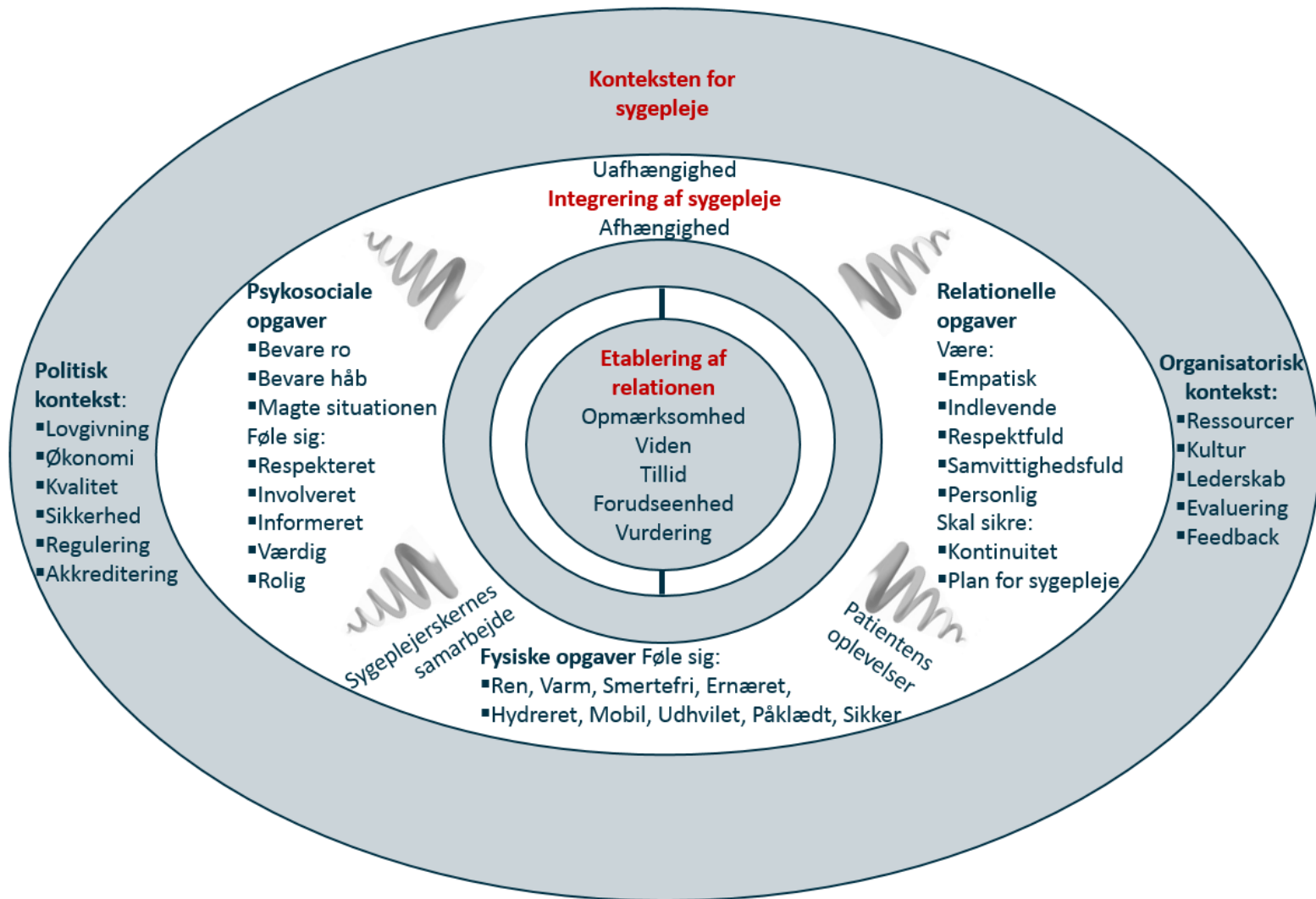


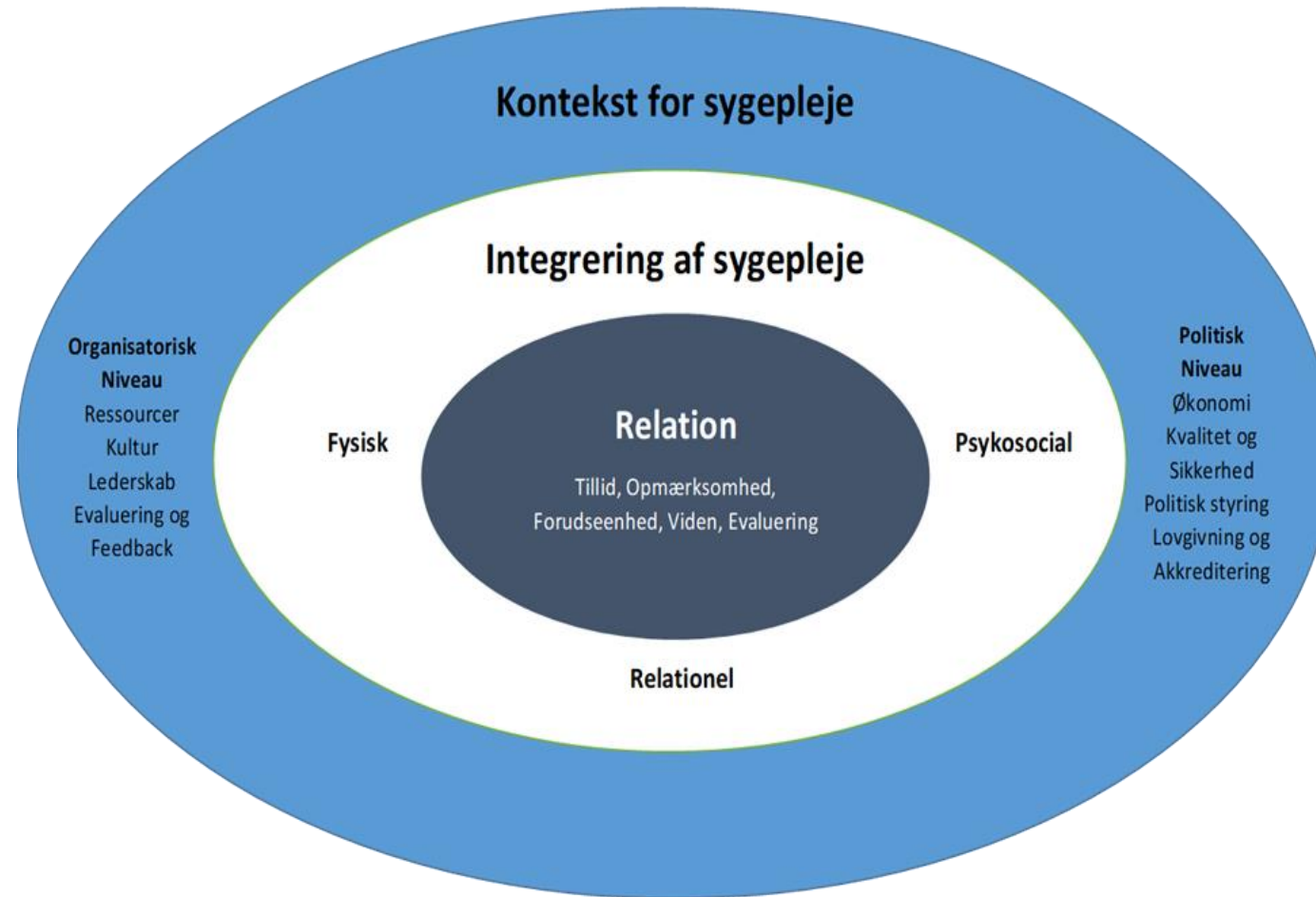
FUNDAMENTALS OF CARE RAMMEN



<https://ilccare.Org/the-framework/>

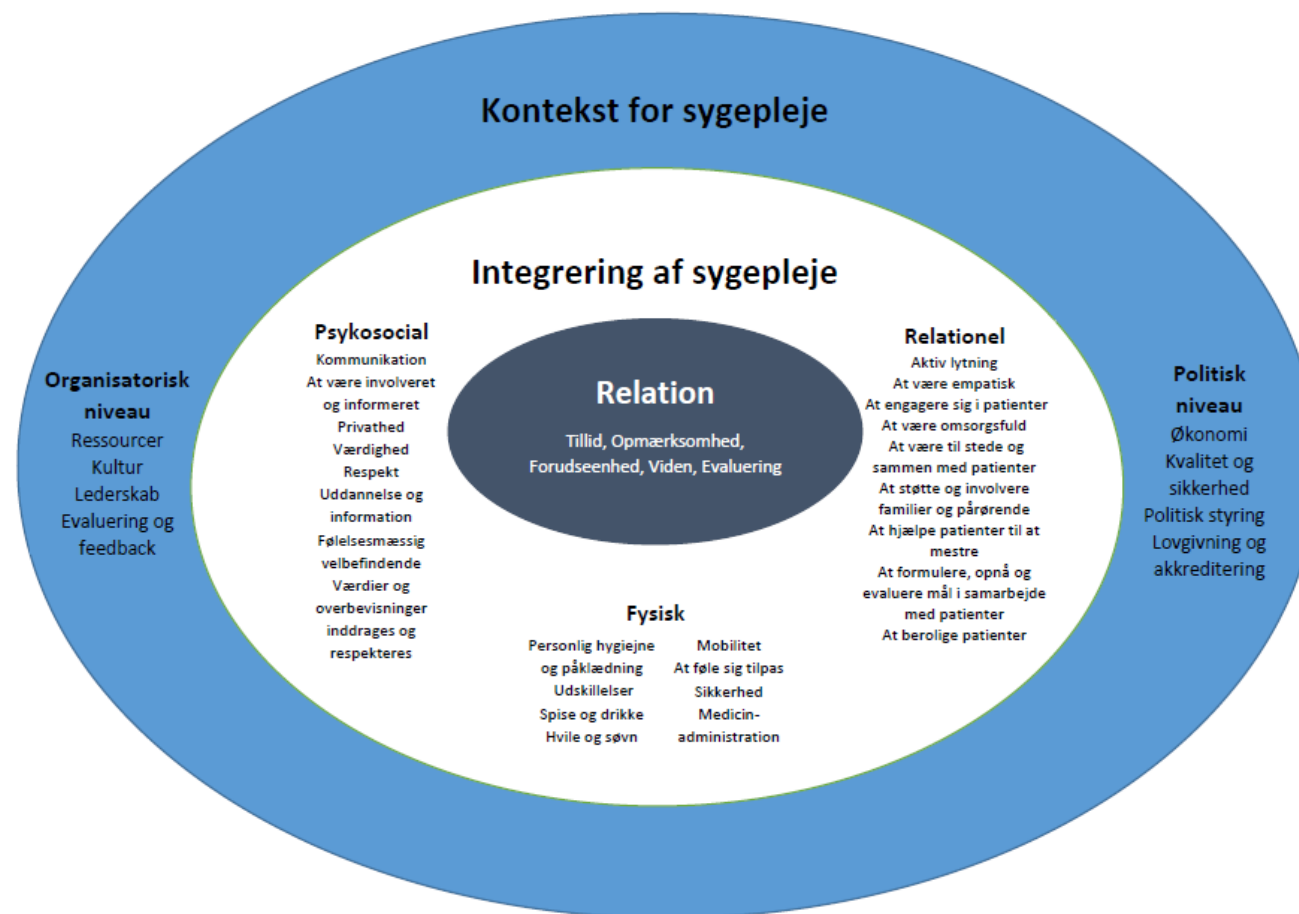
- Beskriver hvad sikker, effektiv og kvalificeret sygepleje indebærer og fordrer
- Sætter fokus på personcentreret sygepleje
- Guider og stimulerer til refleksion over sygepleje, så ingen plejebenhov udelades
- Fremhæver sygeplejens kompleksitet
- Appellerer til samarbejde og et fælles sprog for sygepleje

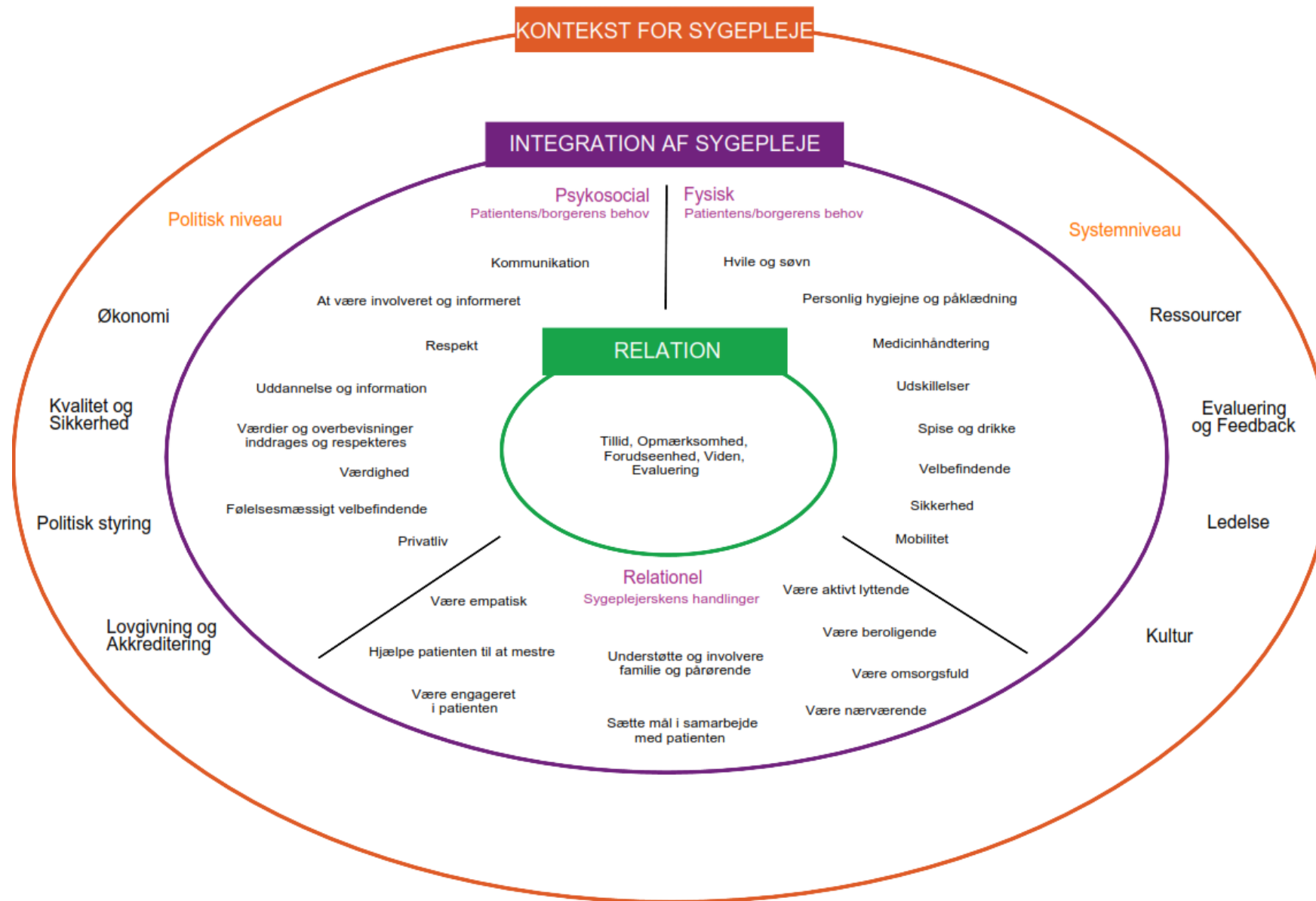




https://intlearningcollab.org/wp-content/uploads/2018/05/Framework-revised_2018.png

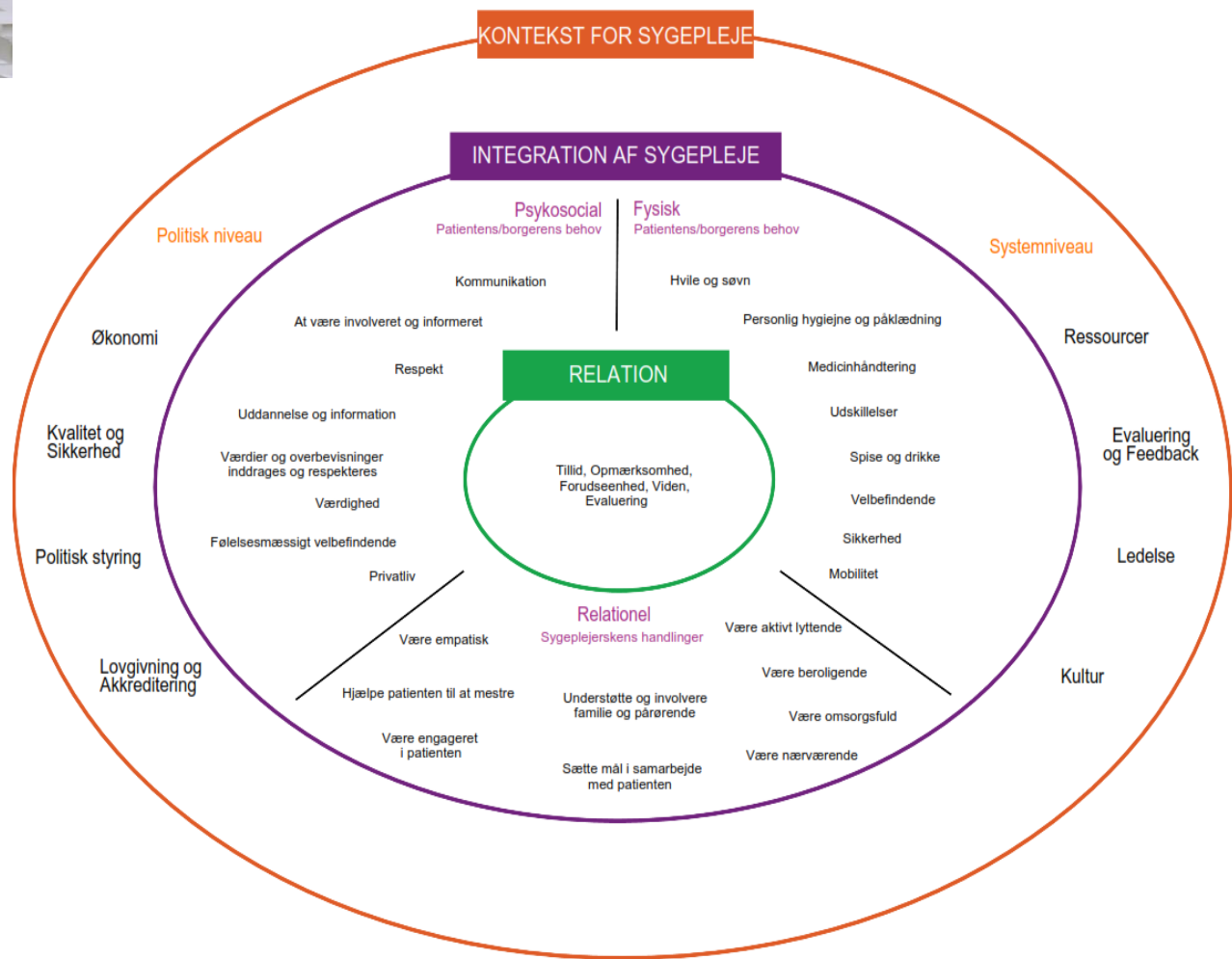
<https://aalborguh.rn.dk/-/media/Hospitaller/AalborgUH/Forskning/Dokumenter/FoKSy/FoC/FoC-figur-september-2020.ashx?la=da>







- Dynamisk og tager højde for kompleksiteten i sygepleje
- Ikke en teori, ej heller handlingsanvisende
- Refleksionsredskab
- 'Minde om' elementer af sygepleje og integrering heraf, der kræver særlig opmærksomhed





2019
2024

En tværinstitutionel
strategi for forskning
i Klinisk Sygepleje i
Region Nordjylland



FORSKNINGS- STRATEGI

Fundamentals of Care



AALBORG UNIVERSITETSHOSPITAL
– i gode hænder

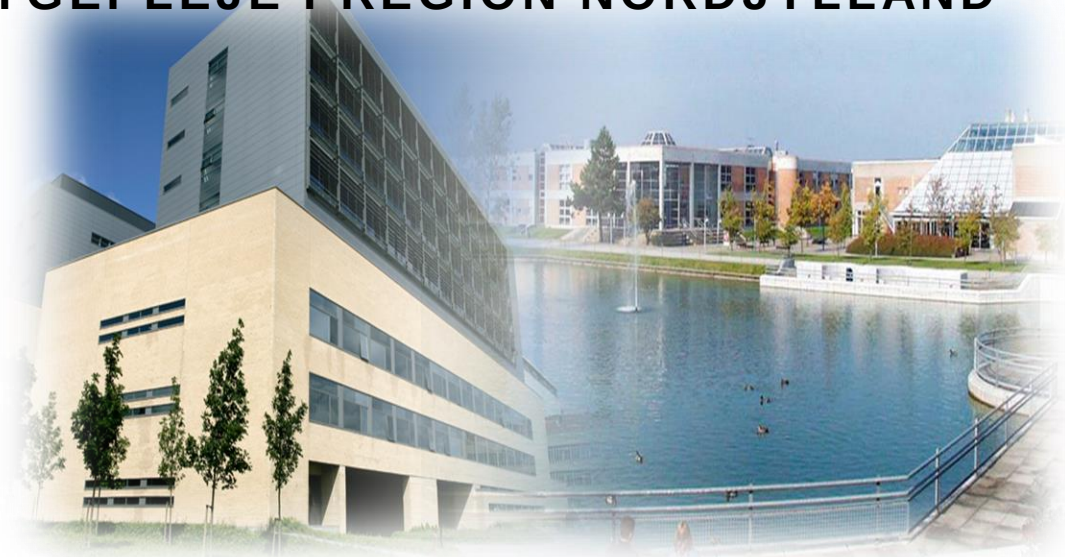




EN TVÆRINSTITUTIONEL STRATEGI FOR FORSKNING I KLINISK SYGEPLEJE I REGION NORDJYLLAND



Psykiatrien, Region Nordjylland



Aalborg Universitetshospital og Aalborg Universitet



Regionshospitalet Nordjylland

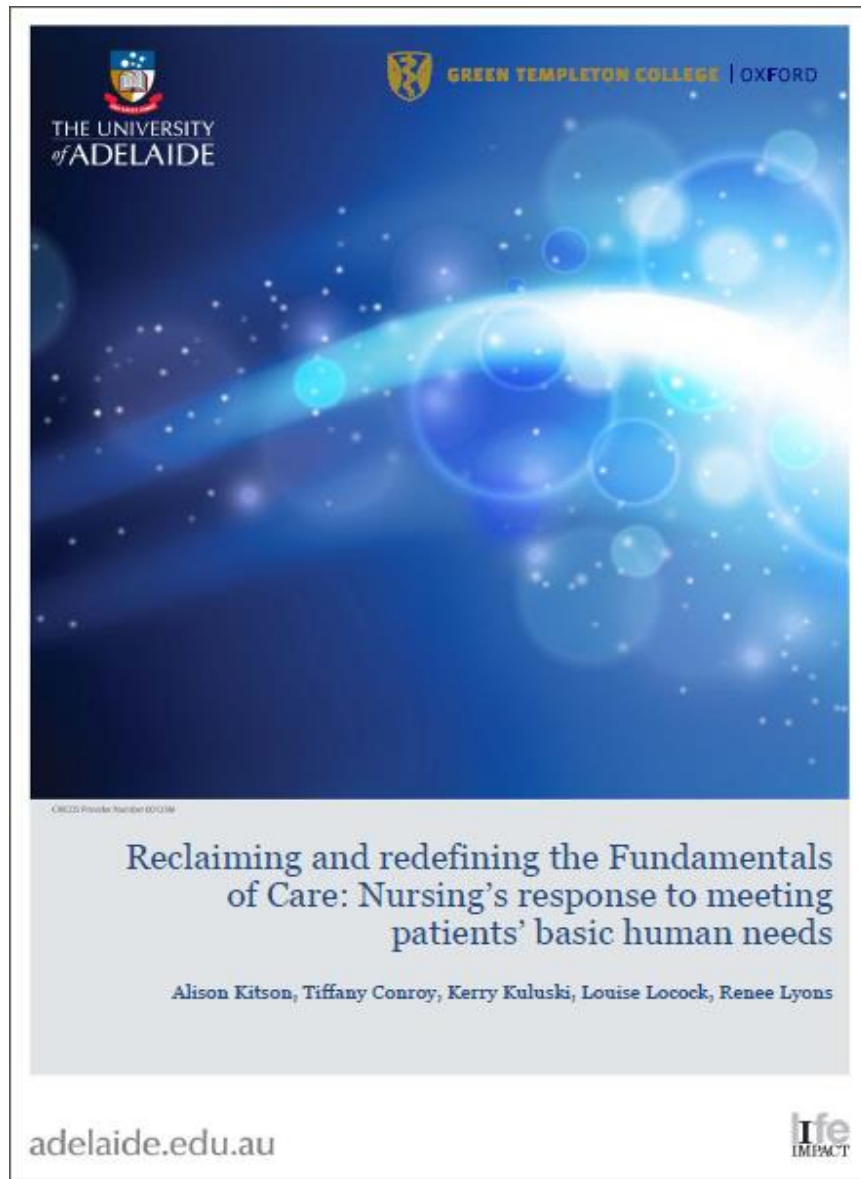


Sygeplejerskeuddannelsen, UCN



Aalborg Kommune

Hvorfor et tværinstitutionelt samarbejde?



FoC kalder på diskussioner om, og beskrivelser af, hvad sygepleje er og kræver

FoC må integreres i klinisk praksis, ledelse, uddannelse og forskning

Integrering af FoC kræver et tværinstitutionelt samarbejde



Fra kendskab til FoC - til forskning i FoC

Udbrede
kendskab til FoC

Integrere FoC i
uddannelse,
klinisk praksis og
ledelse

Integrere FoC i
forskning

DISCURSIVE PAPER

WILEY *Journal of*
Clinical Nursing

Integrating the fundamentals of care framework in baccalaureate nursing education: An example from a school in Denmark

Received: 9 April 2019 | Revised: 16 August 2019 | Accepted: 31 August 2019
DOI: 10.1111/jocn.15070

SPECIAL ISSUE ARTICLE

Journal of
Clinical Nursing WILEY

Siri
Pos
Ing
Pro

Received: 13 September 2021 | Revised: 10 November 2021 | Accepted: 9 December 2021
DOI: 10.1111/jan.15139

**ORIGINAL RESEARCH:
EMPIRICAL RESEARCH - QUALITATIVE**

JAN *Journal of Advanced Nursing* WILEY

Nurse managers' support of fundamental care in the hospital setting. An interpretive description of nurse managers' experiences across Australia, Denmark, and New Zealand

Alexandra Mudd^{1,2,3}  | Rebecca Feo^{1,2,3}  | Siri L. Voldbjerg^{3,4}  | Britt Laugesen^{3,4}  | Alison Kitson^{1,2,3}  | Tiffany Conroy^{1,2,3} 

¹College of Nursing and Health Sciences, Flinders University, Bedford Park, South Australia, Australia

²Caring Futures Institute, Flinders University, Bedford Park, South Australia, Australia

³International Learning Collaborative

⁴Clinical Nursing Research Unit, Aalborg University Hospital, Aalborg, Denmark

Abstract

Aims: To explore the role of ward-based nurse managers in supporting nurses to undertake high-quality fundamental care.

Design: A qualitative study guided by the principles of interpretive description. Reported in accordance with Consolidated Criteria for Reporting Qualitative Research (COREQ).

Use of the Fundamentals of Care Framework

Doc¹  | Karen Lyng Larsen RN, MScN, Clinical Lecturer¹ | Senior Lecturer³ | Britt Laugesen RN, MScN, Senior Lecturer³

Objectives: To explore how nursing students perceive and use the concepts of the Fundamentals of Care framework in case-based work in nursing education and to describe influencing factors on perceptions and use of the framework. The Fundamentals of Care framework has been integrated in core curricula in schools of Nursing in Region North Denmark in response to nursing students and newly graduated nurses lack the knowledge, skills and competencies to meet the challenges of delivering fundamental care in



An example of
using
fundamental
care resources
and material a
PhD project

SUPPORTING THE TRANSITION FROM
STUDENT TO NEWLY GRADUATED
NURSE USING THE CONCEPTUAL
FUNDAMENTALS OF CARE
FRAMEWORK

Maiken Holm Kaldal

Ph.d. student

Denmark

Recipient of Erik Elgaard Sørensen PhD
Scholarship



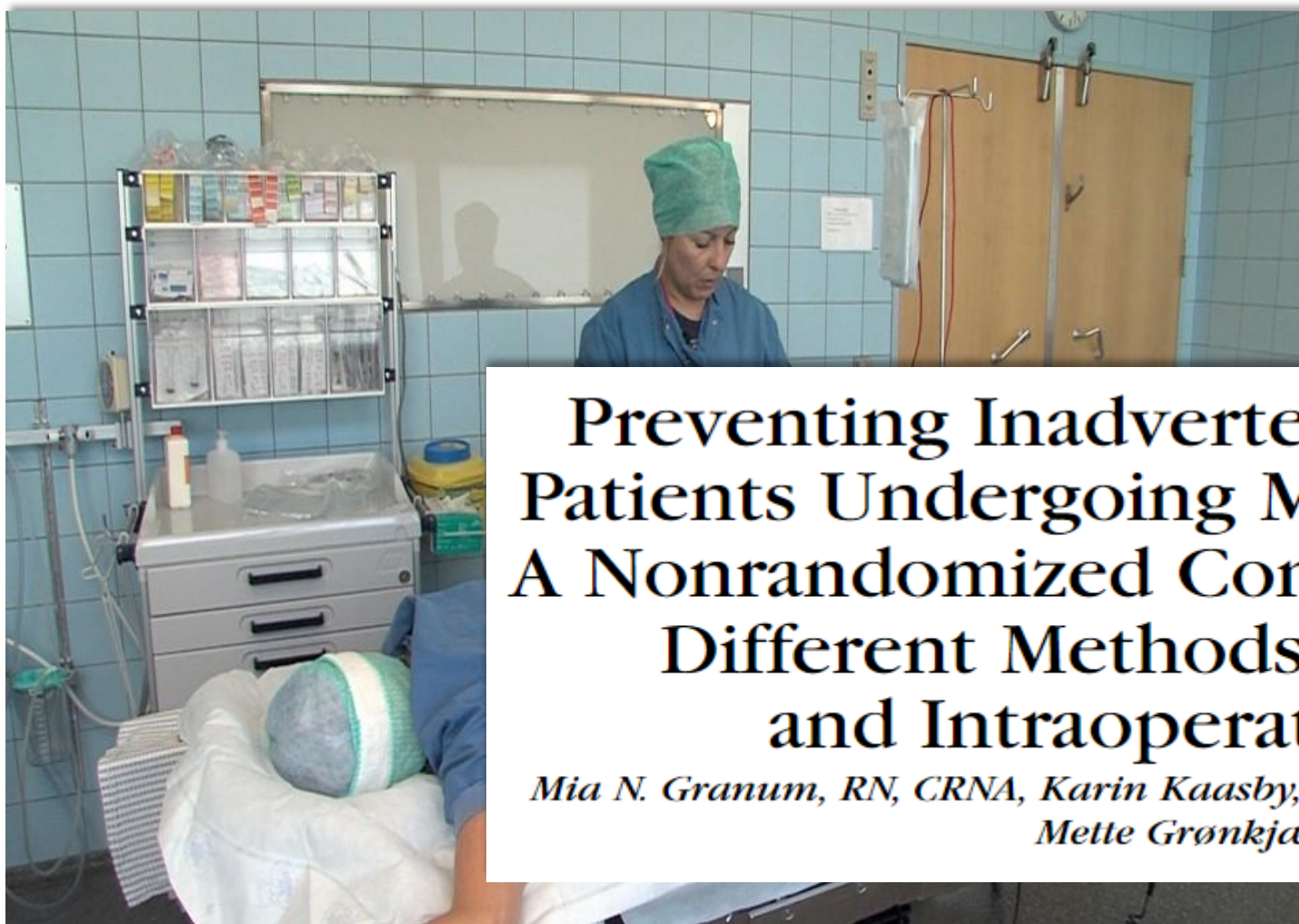


Nurses' use of Early Warning Score in Clinical Decision-Making in a Danish University Hospital

The overall objective is to develop an acceptable and feasible intervention, which supports nurses in using the EWS tool systematically as part of clinical judgment and decision-making regarding patients admitted to hospital.

Rikke Rishøj Mølgaard, RN, M.Sc.Nursing, PhD student, Department of Clinical Medicine, Aalborg University, Clinical Nursing Research Unit, Aalborg University Hospital and Department of Nursing, University College of Northern Denmark.





Preventing Inadvertent Hypothermia in Patients Undergoing Major Spinal Surgery: A Nonrandomized Controlled Study of Two Different Methods of Preoperative and Intraoperative Warming

Mia N. Granum, RN, CRNA, Karin Kaasby, RN, CCN, MLP, Søren T. Skou, PT, PhD, Mette Grønkjær, RN, PhD



Global perspective sparks passion for change.

World experience and courage combine for this Higher Degree by Research student who's committed to seeing better care for agitated patients in hospital ICUs.



Years of travelling and working in health care settings around the globe opened the eyes of Flinders University PhD candidate [Anne Mette Adams](#) to a world of opportunity in health and care research.

Trained in Denmark as a nurse, Mette worked as a critical care and high acuity nurse in her home country as well as in Norway and throughout Australia, exposing herself to differing standards of care.



MULIGHEDER OG UDFORDRINGER

- Institutioner forskelligt organiseret
- Varieret integrationsniveau
- Nogle langt i processen; nogle i opstart
- Fleksibilitet og forståelse
- Løbende udveksling af viden og erfaringer

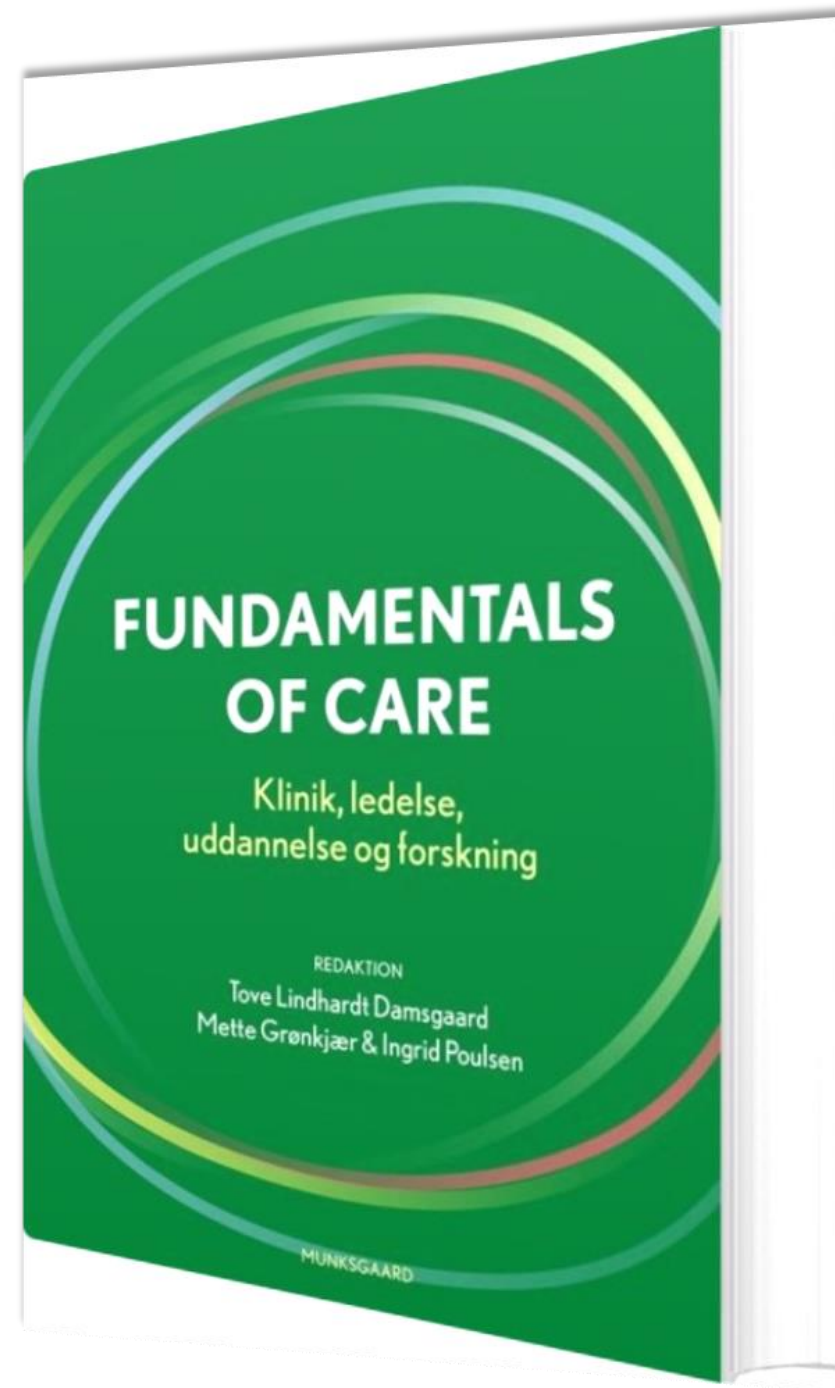




NATIONALT FOC SAMARBEJDE

Back to basics: Nyt netværk ønsker mere fokus på den fundamentale sygepleje

God sygepleje giver bedre overlevelse og færre komplikationer. Alligevel har mange klassiske sygeplejeopgaver trange kår. Et nyt netværk, Nationalt Netværk for Fundamentals of Care, vil skabe mere viden og opmærksomhed om den fundamentale sygepleje.



FUNDAMENTALS OF CARE

Klinik, ledelse,
uddannelse og forskning

REDAKTION

Tove Lindhardt Damsgaard
Mette Grønkjær & Ingrid Poulsen

MUNKSGAARD



Alison Kitson

Flinders University, Australia
Adjungeret professor, AAU



Philippa Rasmussen

University of Adelaide, Australia
Adjungeret professor, AAU



Kirsten Lode

Stavanger University &
Stavanger University Hospital







ForskningsKUBER
Aalborg Universitetshospital

**The FoCUS Research Program:
Improving Fundamental Nursing Care**



MISSED NURSING CARE





NATIONAL SPØRGESKEMAUNDERSØGELSE



- Regions- og universitetshospitaler i alle fem regioner i DK
- Data indsamles via REDCap
- Identifikation af forekomst og årsager til MNC
- Resultater anvendes til udvikling og evaluering af interventionsprogrammer

Etiske overvejelser og kontinuerlig monitorering af proces



Speaking Up for Fundamental Care: the ILC Aalborg Statement

Alison Kitson,¹ Devin Carr,² Tiffany Conroy,¹ Rebecca Feo ,¹ Mette Grønkjær,^{3,4}
Getty Huisman-de Waal,⁵ Debra Jackson,⁶ Lianne Jeffs,^{7,8} Jane Merkley,^{8,9}
Åsa Muntlin Athlin,^{10,11} Jennifer Parr,¹² David A Richards ,¹³
Erik Elgaard Sørensen,^{3,4} Yvonne Wengström^{14,15}



ANBEFALINGER

- Value
- Talk
- Do
- Own
- Research

Speaking Up for Fundamental Care: the ILC Aalborg Statement

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Hvor langt kan vi strække elastikken?

Akutte og alternative løsninger bliver taget i brug pga. rekrutterings- og fastholdelsesproblemer i sygeplejen med risiko for, at de sygeplejefaglige grundværdier udvandes. Lad os værne om sygeplejefagligheden. Den har betydning for kvalitet i plejen og for arbejdsglæde.



METTE GRØNKJÆR, forskningsleder og professor i klinisk sygepleje, Forskningsenhed for Klinisk Sygepleje, Aalborg Universitetshospital, Klinisk Institut, Aalborg Universitet.

"Sygeplejerske søges: du skal kunne bevare overblikket i pressede situationer, trives med mange bolde i luften og have hjertet på rette sted".

Sådan en beskrivelse ser jeg ofte i stillingsopslag, og jeg undrer mig hver gang over, hvorfor sygeplejefaglighed ikke konsekvent efterspørges i sådan et opslag. Den fremhæves heller ikke i højaktuelle debatter om sygeplejerskers værd(i). Adskillige studier viser, at sygepleje af høj kvalitet har direkte indvirkning på patientsikkerhed, indlæggelsestid, genindlæggelse og dødelighed. Alligevel er der stadig fokus på at definere, hvad sygepleje er, og hvad den fordrer.

LÆS
ANMELDELSE
AF BOGEN I
SYGEPLEJERSKEN
NR. 9/2021



Sygeplejersker giver udtryk for, at faget er gledet væk fra de sygeplejefaglige grundværdier, hvilket har ført til et behov for at ændre kurs, komme "back to basics".



OPSUMMERENDE



FoC giver et fælles sprog for sygepleje – uagtet speciale



Ledelsesmæssig opbakning og organisatoriske strukturer



Betydningen af regionale, nationale og internationale samarbejdsflader (= investering)



Løbende relationsarbejde, fleksibilitet og forståelse



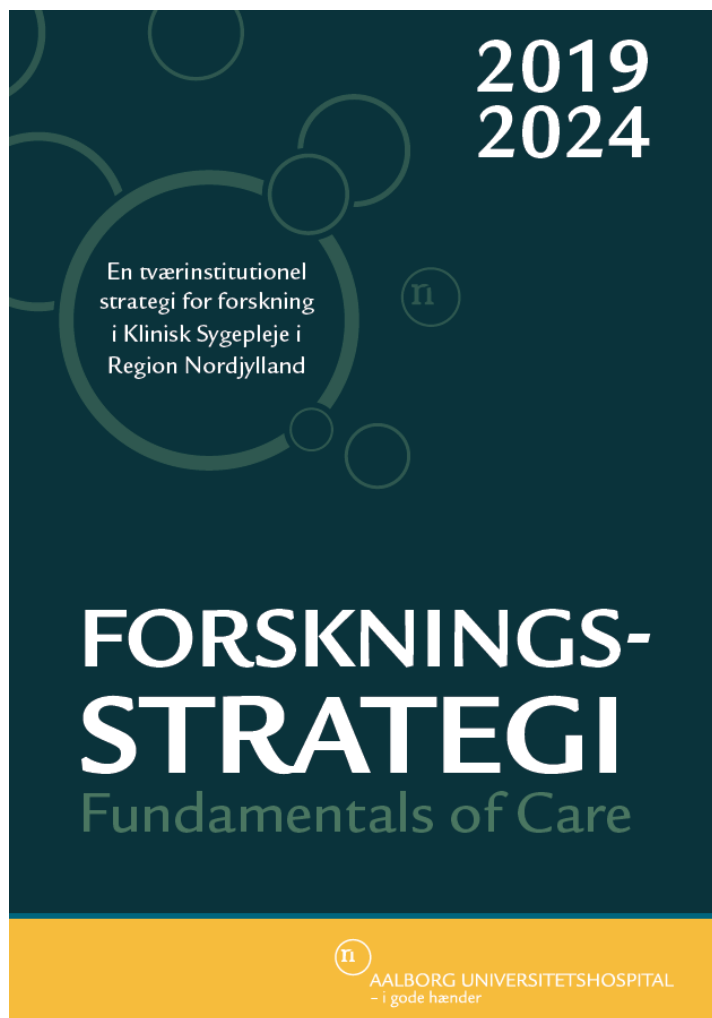
Fælles forskningsstrategi giver fælles fodslag



Monofaglig styrke → attraktivt for tværfagligheden



TAK FOR JERES TID



METTE.GROENKJAER@RN.DK